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# Interactions of Ethanol with Nicotine, Dizocilpine, CGP 40116, and 1-(m-Chlorophenyl)-biguanide in Rats

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BIENKOWSKI, P., E. KOROS, J. PIASECKI AND W. KOSTOWSKI. *Interactions of ethanol with nicotine, dizocilpine, CGP 40116, and 1-(m-chlorophenyl)-biguanide in rats.* PHARMACOL BIOCHEM BEHAV **58**(4) 1159–1165, 1997.—The present study examined the effect of ethanol (0.25–1.0 g/kg, IP) alone and in combination with drugs affecting different ligand-gated ion channels on a horizontal locomotor activity of male Wistar rats. None of the drugs given alone affected the locomotor activity. Similarly, combining ethanol either with nicotine (0.1 or 0.6 mg/kg, SC) or the competitive NMDA receptor antagonist, CGP 40116 (0.5 mg/kg, IP) did not result in any significant changes in ambulation. On the other hand, a significant hyperadditive interaction between ethanol (0.5 or 1.0 g/kg) and the uncompetitive NMDA receptor antagonist, dizocilpine (0.1 mg/kg, IP) was found. Thus, a combined administration of ethanol and dizocilpine produced a marked stimulation of the locomotor activity. Combining 1.0 g/kg ethanol with the 5-HT3 receptor agonist, 1-(m-chlorophenyl)-biguanide (5.0 mg/kg, IP) tended to produce locomotor stimulation. Our results suggest the existence of interaction between ethanol and the NMDA receptor complex in mediation of locomotor stimulation. Alternatively, a common neurotransmitter system (other than glutamatergic) mediate central stimulatory effects of ethanol and dizocilpine. A possible role of dopamine in this interaction is being discussed. © 1997 Elsevier Science Inc.

Ethanol Nicotine Dizocilpine CGP 40116 1-(m-Chlorophenyl)-biguanide Locomotion Rat

ALTHOUGH ethanol is usually classified as a sedative/hypnotic drug, its effect on locomotor activity in rats is complex. Depending on the dose, ethanol produces locomotor stimulation (5,11,35,39,43,61), depression of locomotor activity (47,48, 52,54,61), or biphasic effects (51,61). Notably, the locomotor stimulant properties of ethanol are more consistently reported for mice than for rats (5,39,40). Locomotor stimulant effects of many abused drugs, including ethanol, have been attributed to their excitatory action on a CNS dopamine (DA) neurotransmission (30,36,37,63). Like opioids, psychostimulants, or nicotine, ethanol stimulates the DA release in the nucleus accumbens septi (NAS) (30,37,62,66). The increase in the DA release within the NAS is currently considered as the main neurochemical substrate of locomotor stimulation and positive reinforceing effects of drugs (36,37,62). Importantly, ethanol has been reported to enhance the ambulation-increasing effects of morphine (41), mazindol (25), and caffeine (42), and the stimulation of the DA neurotransmission has been shown to be involved in these interactions.

The exact mechanism of the ethanol-induced dopamine release remains unknown. Several reports suggested an important contribution of central serotonergic  $5-HT<sub>3</sub>$  receptors and nicotinic acetylcholine receptors (nAChRs) in this phenomenon  $(4,6,7,27,44,58,64)$ . Both 5-HT<sub>3</sub> receptors and nAChRs receptors belong to the superfamily of the so-called "ligand gated ion channels" (or ionotropic receptors), and are involved in the regulation of the limbic DA neurotransmission  $(2,7,28,44,58,65)$ . In agreement with the above, both  $5-\text{HT}_3$ 

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receptor agonists [e.g., 1-(phenyl)-biguanide] and nAChR agonists (e.g., nicotine) have been found to increase the DA release in the striatum and in the NAS (2,10,33,37).

These and other ionotropic receptors, i.e., the  $GABA_A$ and the NMDA receptor complex, seem to be particularly sensitive to low ethanol concentrations in several in vitro preparations [(1,13,20,23,44,45); for review see (6,26,28)] and are considered as important targets for receptor-specific actions of ethanol within the brain (6,17,26,28,29,38,53,59,60). Ethanol has been consistently reported to enhance serotonin action at the  $5-\text{HT}_3$  receptor (44,46). In accordance with the above, the enhancement of dopamine release caused by ethanol was reversed by  $5-\text{HT}_3$  receptor antagonists (7,64). Recent studies on the ethanol interaction with the central nAChRs have generated conflicting results. Ethanol enhanced excitatory responses to nicotine in the majority of cells in the rat substantia nigra reticulata and ventral pallidum (13). In contrast, a modest inhibition of excitatory responses to nicotine has been found for the rat locus coeruleus neurones (23). In line with the former finding, the noncompetitive nAChR receptor antagonist, mecamylamine (2) has been shown to diminish the ethanol-induced dopamine release in the NAS (4) and to reduce the ethanol-induced rise in the DOPAC/DA quotient (5,58). At the behavioral level, the locomotor stimulant effect of ethanol was decreased by either the  $5-\text{HT}_3$  receptor antagonist, ondansetron or mecamylamine (39,58).

Ethanol has been found to antagonize the *N*-methyl-Daspartate (NMDA) receptor-mediated biochemical and electrophysiological responses, leading to the hypothesis that at least certain central effects of ethanol may result from the interaction with the NMDA receptor complex (26,28,45). In line with this hypothesis are the data showing that NMDA receptors may contribute to ethanol-induced discriminative stimulus effects, intoxication and withdrawal symptoms (3,17,29,29,53). Besides, the pattern of behavioral responses induced by ethanol is similar in many aspects (anxiolysis, ataxia, miorelaxation, sedation, analgesia) to the behavioral effects observed after both competitive and uncompetitive NMDA receptor antagonists (26,28,50). Little is known, however, about the role of NMDA receptors in the locomotor stimulant effect of ethanol. Notably, uncompetitive NMDA receptor antagonists, like phencyclidine (PCP) and other PCP-like drugs (e.g., dizocilpine), produce strong locomotor stimulant effects in laboratory animals (40,52). In contrast, competitive NMDA receptor antagonists tend to decrease ambulation (15,65). Both classes of drugs, however, may enhance the DA transmission in the brain (15,16,21,22).

The aim of the present study was to examine the interaction of ethanol with drugs acting on  $n\Lambda$ ChRs, 5-HT<sub>3</sub> and NMDA receptors in the test of spontaneous locomotor activity in the rat. To this purpose, low, nonsedative doses of ethanol were combined with the nAChR agonist (nicotine), the  $5-HT_3$  receptor agonist [1-(m-chlorophenyl)-biguanide] (49), and the uncompetitive or the competitive NMDA receptor antagonist (dizocilpine or CGP 40116, respectively) (21,55,57). The doses of ethanol and the other drugs have been shown [(50); Bienkowski et al., unpublished] to be the highest ones not affecting the locomotor activity of our rats.

# METHOD

# *Subjects*

1160 BIENKOWSKI ET AL.

The animals were allowed at least 2 weeks of acclimation upon arrival at our laboratory. The subjects were kept in standard laboratory conditions at  $22 \pm 1$ °C, 60% humidity, and 12-h light–dark cycle (lights on at 0700 h). All experiments were conducted between 0900–1400 h, and each rat was used only once. The experimental procedures were reviewed and approved by our institutional ethical committee.

# *Locomotor Activity—General Procedure*

All experiments took place in an air-conditioned enclosure with background white noise of 50 dB. The apparatus (COTM, Bialystok, Poland) consisted of four identical "openfield" cages (60  $\times$  60  $\times$  40 cm, W  $\times$  L  $\times$  H). The cages had clear Plexiglas walls and removable, smooth, black metal floors. Each cage was transected by two perpendicular coplanar arrays of 16 infrared photobeams and was dimly lit by a separate source of light mounted 50 cm above the floor. Beam interruptions were recorded and analyzed by means of an IBM-compatible PC equipped with software and interface (COTM, Bialystok, Poland).

To reduce stress associated with the procedure, the animals were handled several times during the acclimation period. In addition, the day before the test session all animals were transported to the test enclosure, briefly handled and left in the cages for 20 min to get habituated to the new environment. On the next day the subjects received an appropriate treatment and their locomotor activities were recorded for 20 min. The data used for analysis were expressed as the mean  $(\pm$ SEM) distance (in inches) travelled during the 20-min test session.

#### *Locomotor Activity—Detailed Procedure*

The experiments were conducted in the order described below.

#### *Experiment 1—Ethanol/Dizocilpine Interaction*

The animals were randomly assigned to six experimental groups ( $n = 8$  rats) differing in treatment received before the test session: the saline-saline (S-S), the 0.1 mg/kg dizocilpinesaline (D-S), the saline-0.25 g/kg ethanol (S-E.25), the saline-0.5 g/kg ethanol (S-E.5), the 0.1 mg/kg dizocilpine-0.25 g/kg ethanol (D-E.25), and the 0.1 mg/kg dizocilpine-0.5 g/kg ethanol (D-E.5) group. Dizocilpine was administered 20 min before the ethanol injection. Immediately after the latter injection the rat was placed in the cage and the recording started.

Due to certain technical reasons, the combination of 1.0 g/kg ethanol and 0.1 mg/kg dizocilpine was tested in a separate experiment. Four experimental groups  $(n = 8 \text{ rats})$  were randomly formed: the S-S, the D-S, the saline-1.0 g/kg ethanol (S-E1), and the D-E1 group.

# *Experiment 2—Ethanol/Nicotine Interaction*

The subjects were randomly divided into eight experimental groups ( $n = 8$  rats): the S-S, the 0.6 mg/kg nicotine-saline (N.6-S), the S-E.25, the S-E.5, the S-E1, the N.6-E.25, the N.6- E.5, and the N.6-E1 group. Nicotine was given 20 min before ethanol. Immediately after the ethanol injection the rat was placed in the test cage. Because neither in Experiments 1–2 (see Results) nor in our preliminary studies (Bienkowski et al., unpublished) ethanol given alone had any impact on the locomotor activity, the groups receiving ethanol alone were not included in subsequent experiments.

In a separate experiment a lower nicotine dose (0.1 mg/kg) was combined with ethanol. The animals were randomly as-

Male Wistar rats (280–330 g at the beginning of each experiment) were housed in a group of four in a standard plastic cage with free access to food (Bacutil, Poland) and tap water. signed to five experimental groups ( $n = 8$  rats): the S-S, the 0.1 mg/kg nicotine-saline (N.1-S), the N.1-E.25, the N.1-E.5, and the N.1-E1 group.

# *Experiment 3—Ethanol/CGP 40116 Interaction*

Five experimental groups  $(n = 8 \text{ rats})$  were randomly formed: the S-S, the 0.5 mg/kg CGP 40116-saline (CGP-S), the CGP-E.25, the CGP-E.5, and the CGP-E1 group. CGP 40116 was injected 60 min before ethanol.

# *Experiment 4—Ethanol/1-(m-Chlorophenyl)-biguanide (mCPBG) Interaction*

Four experimental groups  $(n = 8 \text{ rats})$  were randomly formed: the S-S, the 5.0 mg/kg mCPBG-saline (BIG-S), the BIG-E.5, and the BIG-E1 group. mCPBG was injected 20 min before ethanol.

# *Drugs*

Ethanol solution (10% v/v) was prepared from the 95% stock solution and 0.9% NaCl, and administered IP in appropriate volumes to obtain a desired dose.  $(-)$ -Nicotine di-d-tartrate, dizocilpine (formerly:  $(+)MK-801$  hydrochloride), 1-(m-chlorophenyl)-biguanide hydrochloride (RBI, Natick, MA), and CGP 40116 (D-(E)-2-amino-4-methyl-5-phosphono-3-pentenoic acid; Ciba-Geigy, Basel, Switzerland) were dissolved in 0.9% NaCl and administered in the volume of 1.0 ml/kg. The pH of nicotine solutions was adjusted to 7.0 with dilute NaOH. All solutions were prepared immediately prior to use. The doses of dizocilpine, nicotine and 1-(m-chlorophenyl)-biguanide refer to salt forms. All drugs were injected IP except nicotine, which was administered SC.

#### *Statistics*

The data were compared with a one-way ANOVA with the Newman–Keuls test (with the Bonferroni's correction) for post hoc comparisons. Probability levels (*p*) less than 0.05 were considered significant.

#### RESULTS

# *Experiment 1–Ethanol/Dizocilpine Interaction*

The ANOVA indicated a significant effect of treatment,  $F(5, 42) = 3.54, p < 0.01$ , for the experiment with lower ethanol doses (0.25–0.5 g/kg) and dizocilpine (Fig. 1, upper panel). The group treated with 0.5 g/kg ethanol and dizocilpine (E.5-D group) showed a marked stimulation of the locomotor activity, which was significantly different ( $p < 0.05$ ) from either the saline treated control group, either the S-E.5 group or the D-S group. Similarly, the ANOVA showed a significant effect of treatment,  $F(3, 30) = 4.52$ ,  $p < 0.01$ , for the second experiment with ethanol (1.0 g/kg) and dizocilpine (Fig. 1, lower panel). A post hoc analysis revealed that the locomotor activity of the E1-D group was significantly higher than the activity of S-S group, the S-E1 group ( $p < 0.05$ ) and the D-S group ( $p < 0.01$ ). Importantly, ethanol (0.25–1.0 g/kg) in combination with saline did not affect the locomotor activity of the subjects.

## *Experiment 2—Ethanol/Nicotine Interaction*

The ANOVA did not show any significant effect of treatment,  $F(7, 72) = 0.42$ ,  $p = 0.85$ , for the experiment with ethanol (0.25–1.0 g/kg) and 0.6 mg/kg nicotine (Fig. 2, upper panel). Again, ethanol given alone (i.e., in combination with



 $7000 -$ 

 $5600 -$ 

 $4200 -$ 

 $2800 -$ 

1400

 $\Omega$ 

Activity (inches)



FIG. 1. Locomotor activity induced by combined administration of 0.1 mg/kg dizocilpine and different doses of ethanol (0.25, 0.5 g/kg higher panel; 1.0 g/kg—lower panel). S = saline, D = dizocilpine,  $E =$ ethanol. \**p* < 0.05 vs. the S-S group; \**p* < 0.05 vs. the S-E.5 or the S-E1 group;  $^{*}p$  < 0.05,  $^{**}p$  < 0.01 vs. the D-S group.

saline) did not change the locomotor activity of the rats and thus the ethanol-treated control groups were not included in the other experiments. Similarly, there was no significant effect of treatment,  $F(4, 51) = 2.07$ ,  $p = 0.097$ , for the experiment with the combinations of ethanol and 0.1 mg/kg nicotine (Fig. 2, lower panel).

## *Experiment 3—Ethanol/CGP 40116 Interaction*

Although the ANOVA showed a significant effect of treatment,  $F(4, 35) = 2.86$ ,  $p = 0.037$ , the only significant difference  $(p < 0.05)$  found referred to the CGP-S and the CGP-E.25 group (Fig. 3). Thus, ethanol given in combination with CGP 40116 did not alter the locomotor activity significantly compared with the saline-treated control group (the S-S group).

# *Experiment 4—Ethanol/mCPBG Interaction*

The ANOVA did not reveal any significant effect of treatment, although a trend towards significance was observed,



FIG. 2. Locomotor activity induced by combined administration of nicotine (0.6 mg/kg—higher panel; 0.1 mg/kg—lower panel) and different doses of ethanol.  $S =$  saline,  $N =$  nicotine,  $E =$  ethanol.

 $F(3, 28) = 2.84$ ,  $p = 0.055$ . The group treated with the combination of 1.0 g/kg ethanol and 5.0 mg/kg mCPBG showed a higher locomotor activity ( $p < 0.05$ ) than the saline treated control group (the S-S group). However, it did not differ  $(p > 0.4)$  from the group receiving mCPBG alone (the BIG-S group) (Fig. 4).

## DISCUSSION

The results of Experiment 1 show that ethanol, in the range of doses not affecting the spontaneous locomotor activity, enhances the locomotor stimulant effect of dizocilpine. Our results are in agreement with the previous report (40) indicating that a combination of ethanol and dizocilpine (0.1 mg/kg) produced a prominent increase in the ambulatory activity of mice. However, the stimulatory effect of a higher dose of dizocilpine was significantly diminished by ethanol possibly due to a marked ataxia resulting from the combined administration of the drugs (40). In agreement with the above, ethanol attenuated dizocilpine-induced hyperlocomotion in mice (43) and rats (52). This latter result (52) seems to be at variance with our findings but several obvious differences between the two studies might explain the disagreement. First, in the previous report, the relatively low dose of ethanol (0.75 g/kg)



FIG. 3. Locomotor activity induced by combined administration of 0.5 mg/kg CGP 40116 and different doses of ethanol.  $S =$  saline,  $CGP = CGP 40116, E = \text{ethanol.}$  # $p < 0.05$  vs. the CGP-S.

produced a significant depression of the locomotor activity, which, as the authors hypothesized (52), could be associated with a higher susceptibility of rats to the central depressant properties of ethanol during the dark phase of the day/night cycle (The present study was performed in the light phase.) Second, the 0.1 mg/kg dose of dizocilpine produced a marked stimulation of the locomotor activity in the study of Robledo et al. (52), and the lack of a further intensification of this effect by ethanol could be attributed to the "ceiling effect." Alternatively, ethanol might mainly increase the sedative/ataxic effects of dizocilpine. Probably, in the present study (Experiment 1) ethanol mainly enhanced the stimulant component of dizocilpine action, as we selected these doses of both drugs that do not affect the animal's locomotor behavior (see the introductory paragraphs and Results). In addition, in the previous study (52) the locomotor activity was recorded for 12 h, in 2-h intervals. Thus, a more subtle, time-limited interactions between the drugs might have been overlooked. Taken together, the results from this report and the previous one suggest that both the excitation and the depression of the locomotor activity may result from a combined ethanol/



FIG. 4. Locomotor activity induced by combined administration of 5.0 mg/kg 1-(m-chlorophenyl)-biguanide and different doses of ethanol. S = saline, BIG = 1-(m-chlorophenyl)-biguanide,  $E =$  ethanol. \**p* < 0.05 vs. the S-S group.

dizocilpine administration, depending on the balance between the stimulatory and the sedative effects produced by a given combination of the drugs.

It has been proposed that the psychomotor stimulant properties of certain uncompetitive NMDA receptor antagonists, including dizocilpine, result from an enhancement of the CNS DA transmission at the level of the NAS and/or the ventral tegmental area (VTA) (21,22,31,37). As mentioned above (see the introductory paragraphs), ethanol also stimulates DA release, and both the NAS and the VTA have been proposed as possible neuroanatomical substrates for this effect (24,30,37,66). It is, therefore, probable that the ethanol/dizocilpine interaction observed in the present study depended at least in part on a hyperadditivity within the central DA pathways. However, this hypothesis should be treated with caution because both ethanol and NMDA receptor antagonists, including dizocilpine, given in combination with other drugs may intensify the locomotor activity even in monoamine-depleted mice (8,9).

On the basis of the results from Experiment 1, one could speculate that across the carefully selected dose range, ethanol may intensify central stimulatory effects of other uncompetitive NMDA receptor antagonists, including PCP. Such an interaction could explain, at least in part, the well-known phenomenon of ethanol/PCP coabuse in humans (12).

In contrast to the results of Experiment 1, there was a lack of any significant locomotor interaction between ethanol and the competitive NMDA receptor antagonist, CGP 40116 observed (Experiment 3). However, dizocilpine and CGP 40116 antagonise the NMDA receptor complex acting at different receptor/modulatory sites (22,28,55,65). In addition, competitive NMDA receptor antagonists (in contrast to uncompetitive antagonists) did not enhance the electrophysiological activity of the VTA dopaminergic neurones (21,22). Given the data (21,22,24) that ethanol and dizocilpine increase the burst firing of the VTA dopaminergic neurons, one could hypothesize that the difference between dizocilpine and CGP 40116 observed in our study is due to their different action within the VTA.

The dose of CGP 40116 (0.5 mg/kg) was selected on the basis of our previous studies showing that higher doses of the drug  $(>1.0 \text{ mg/kg})$  decreased the ambulatory activity of rats. Besides, 0.5 mg/kg dose of CGP 40116 partially substituted for the discriminative stimulus effects of ethanol (3) and enhanced the ethanol discrimination (i.e., shifted the dose–response curve to the left) in our recent drug discrimination study (Bienkowski and Kostowski, unpublished).

As mentioned before (see introductory paragraphs), nAChRs have been suggested to be involved in the dopaminergic and the locomotor stimulatory effects of ethanol in rodents (4,5,58). Besides, several human studies have demonstrated that there is a high correlation between ethanol consumption and tobacco smoking (14,19,32,34). The use of one substance increases the risk of developing dependence on the other one (19,32,34). Thus, we predicted that an ethanol/ nicotine combination could enhance the locomotor activity.

The results of Experiment 2 do not support such an assumption. In contrast, ethanol (0.3 g/kg) has been previously found to increase the locomotor stimulant effects of 0.17 mg/kg nicotine (54). However, the effect was rather modest and observed only for one combination of doses. There are two major differences between the study of Schaefer and Michael (54) and our present investigation. First, a different rat line (Sprague–Dawley) was used in the study mentioned above (54). The role of genotype in the locomotor response to ethanol or nicotine has been indicated in many reports (18,27). For example, both nicotine and ethanol have been reported to increase the ambulatory activity of an alcohol-preferring P line of rats and to decrease the activity of an alcohol nonpreferring NP line of rats (27,61). Second, in the study of Schaefer and Michael, ethanol and nicotine were administered simultaneously (54), and there was a 20-min interval between nicotine and ethanol injection in the present study. Because nAChRs are known to desensitize rapidly and ethanol has been suggested to enhance the rate of the nAChR desensitization (1,2,18,20), the schedule of drugs administration is another factor that could explain our negative findings. Interestingly, using the same schedule of administration we have recently found that nicotine enhances the ethanol discrimination [Bienkowski and Kostowski, unpublished; see also (56)]. On the basis of the present results, one could speculate that the locomotor interactions are not of major importance in this latter finding.

In the present study the subjects were habituated to the cages for 20 min the day before the test session. Therefore, their locomotion were likely to be disturbed by the exploratory locomotor activity that might overshadow more subtle interactions between ethanol and nicotine. Thus, further studies using more extensive habituation seem to be warranted.

Although the overall statistical analysis of the data from Experiment 4 did not reveal any significant effect of treatment, a clear tendency towards it was noted ( $p = 0.055$ ). The combination of ethanol and mCPBG almost doubled the locomotor activity of rats (compared with the activity of the S-S control group). As mentioned before (see the introductory paragraphs),  $5-\text{HT}_3$  receptors have been implicated to be involved in several central effects of ethanol in rodents (6,7, 38,44). Notably, a significant attenuation of the ethanolinduced locomotor stimulant effects by  $5-\text{HT}_3$  receptor antagonists have been found in our laboratory, using mice as subjects (39). Thus, the results of Experiment 4, though preliminary in nature, are in line with the previous reports. Certainly, further studies are needed to confirm a possible role of  $5-\text{HT}_3$  receptors in the locomotor stimulant effect of ethanol in rodents.

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# ETHANOL AND IONOTROPIC RECEPTORS 1165

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